

Food Allergens

To help you identify any allergens in our menus at The Ridgway there will be a list on our web site and here on the menu anything in bold may have one or more of the key allergens contained in the recipe. If you are unsure then please ask a member of our catering team who will be more than happy to help and give advice as the meals are produced on site.

1. Cereals containing Gluten
2. Eggs
3. Milk
4. Peanuts (not used in school)
5. Nuts (not used in school)
6. Soybeans
7. Celery & Celeriac
8. Mustard
9. Sesame

10. Lupin

11. Sulphur Dioxide

12. Fish

13. Crustaceans (not used in school)

14. Molluscs (not used in school)